## STAFF PROPOSED SEP RELATED TO PREGNANCY

## December 13, 2019

**DESCRIPTION**: A new special enrollment period (SEP) will be available to pregnant individuals, and their dependents, allowing enrollment in an individual market or SHOP market Qualified Health Plan (QHP). The SEP would be triggered based on the date a health care practitioner confirms the pregnancy.

Enrollment is available 1<sup>st</sup> of the month of confirmation of pregnancy by a healthcare practitioner or prospective following regular individual market or SHOP market enrollment rules as applicable.

**RATIONALE**: Creating this SEP brings the District in-line with other states - Maryland, Connecticut, Vermont, and New York. Pre-natal care is vital for mothers and their children. Ensuring access to coverage for these populations assists this population in preventing costly and preventable health events and/or conditions for the newborn. Reducing long-term morbidity and mortality also helps lower market premiums.